

The Trail



Volume 10, Number 22
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The University of Puget Sound
1500 North Warner Street
Tacoma, WA 98416

April 16, 1987



The Reverend Colin Jones, canon and Dean of the cathedral, Capetown, South Africa, spoke on apartheid last night in the Rotunda. Jones, an advisor to Archbishop Desmond Tutu, criticized the Reagan Administration for being duped by the Botha regime into believing reforms were improving the situation of blacks in South Africa.

Alcohol enforcement strengthens in halls

By Katie de Gutes
and Helen Dolmas

The dorms were quiet this weekend -- and in the future, they could become even quieter.

Last Wednesday Residence Assistants (RA's) were told to diligently enforce the UPS alcohol policy. Although this move is not being called a "re-interpretation," many consider it so.

Last year's alcohol policy was one of "closed door." Students were allowed to drink in their room as long as their door remained closed. However, strict enforcement of this alcohol policy means that now, even when the door is closed, if an RA suspects that alcohol abuse is occurring he or she has the right to enter a room and investigate. While this action does not necessarily lead to a write-up, offenders will be reported to Residential Life.

"It's the same thing as if someone was bleeding, we'd report that too," said Shelby Wright, an RA in University Hall.

"The policy isn't being changed," said Dean of Students David Dodson. "It is simply being enforced."

Dean Dodson said that the reason for the change in the policy is because "the amount of alcohol abuse has increased."

Dodson said that since January over 75 warnings have been issued by residence hall staff for alcohol related problems.

In the past month two physical altercations have occurred. One involved a visiting, prospective student. The visitor was hit, in a campus living area, by a UPS student.

"I feel we have an emergency situation because of these incidents," said Dodson.

Dodson said he is concerned for the

see ALCOHOL page 17

Union Board defeats smoking area in SUB

By Kathy Hedges

In four consecutive votes yesterday, the Union Board defeated proposals to designate a smoking area in the Union building.

Members cited several reasons for rejecting the areas, including cost.

Earlier the board recommended that a smoking area be designated "contingent upon it not interfering with the rights of non-smokers to smoke-free air."

"The school has guaranteed employees the ability to work in a smoke-free environment," said board member Sue Yowell, assistant dean of students.

To provide smoke-free air, a designation of a smoking area would require installing a separate ventilating system. The estimated costs for such systems, depending on the designated room, range from \$13,000 to \$25,000.

The first proposal, room 101, was discussed and later rejected. The rejection was based on both cost and use of the meeting room space.

John Hickey was the first to voice his concern: "With that large, nice meeting room I'd hate to see it used as a smoking area. . . I know we get a limited pool of money, we use the most on our primary goal -- teaching. I'd hate to see us spend so much money as we would have to for an activity that is unhealthy."

The estimated cost of installing a ventilating system in room 101 is \$17,500 plus the ongoing energy and maintenance costs. The room was used 52 times last month (March), according to Yowell, making it the most frequently used meeting room in the building.

"It goes against the idea of not designating an area for one specific group," said Yowell.

The bill to designate 101 as a smoking area was voted down unanimously, 9-0.

During the course of the meeting rooms 201, 202 and the Loft were also considered and rejected as possible

smoking areas. Again the cost and space use were questioned.

"This (201) is the second most frequently used room," said Yowell. "For 35 people at this cost (estimated at \$14,000) I wonder if people won't think its outrageous."

The vote for 201 failed 3-6.

"202 is too small (capacity 23), out of the way, and not very accessible to eating/socializing," said member Mike Amend, the board's alumni representative.

The vote for 202 failed 3-6.

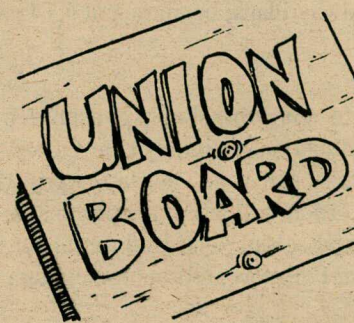
"I think there's such sensitivity to smoking that the Loft is impracticable," said member Jim Clifford, faculty representative.

"I think general student outcry is that they do not want that much money (estimated at \$25,000) spent for a smoking area," said member Melisse Swartwood, the board's Student Senate representative.

The proposal to designate the Loft

failed 2-7.

While the board voted down proposals to create smoking areas, no anti-smoking policy was made.



"I think it's necessary for the student body and campus as a whole to see a clear statement of a no smoking policy, rather than inferring it," said Amend.

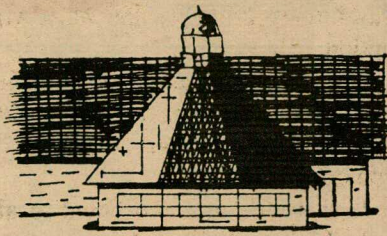
"There is no policy yet for the building. . . I think we need to state that because we haven't been able to designate an area, this building is smoke free," said Yowell.

Egg dye for
Easter page 5

Everything you wanted to
know about health (more or less)
pages 8 and 9

Track running page 14
strong

Campus Corner



Compiled by Tom Koontz

UPS gets new dean of education

Carol Merz Hosman, director of curriculum and student services for Pasco School District, has been named dean of education at Puget Sound. Selected from a field of 100 applicants, Hosman has been curriculum director in Pasco as well as an elementary school teacher in the Richland School District. She replaces John English, acting dean of education since 1985.

\$75,000 gift to help renovate Thompson Hall

The Arthur Vining Davis Foundations of Jacksonville, Fla., have contributed \$75,000 to Puget Sound to help fund the renovation of the university's science complex. The grant will be used to help meet the matching requirements of the university's recent \$1 million grant from M.J. Murdock Charitable Trust. The renovation will enable the science faculty to integrate its traditional natural sciences curriculum with a new, two-year laboratory-oriented research program that will provide hands-on research opportunities for all science students.

Puget Sound alum nominated for fiction award

Former UPS student Richard Wiley, currently coordinator of bilingual education for Tacoma Public Schools, is among five American writers who have been nominated for the PEN-Faulkner Award for Fiction. Wiley was nominated for his first novel, *Soldiers in Hiding*, the story of two young Japanese-Americans stranded in Japan after the bombing of Pearl Harbor. The award winner is to be announced May 9.

Panel will discuss "Baby M" case

The "Baby M" decision and local surrogate parenting practices are topics for discussion by a four-member panel at the University of Puget Sound Law School on Monday, April 20. Open to the public, the panel will include Seattle psychologist and attorney Stephen Feldman, King County Family Court Judge Shannon Wetherall, and Redmond attorney Jack Wetherall, who has written numerous surrogate parenting contracts but stopped the practice several years ago. The discussion will take place in room 503 of the Norton Clapp Law Center, 950 Broadway Plaza, beginning at 4:15 pm.

Safe sex?

A safe sex workshop sponsored by the Residential Life Office Community Coordinators, Religious Life Office, Counseling Center, and the Health Services will take place on Tuesday, April 21, 1987 in the Union Lounge starting 7 pm. The format will allow people to share thoughts and concerns, ask questions in an informal setting, and find out about available resources. Everyone is welcome to attend. For more information contact Yumi at x 4060.

BPA faculty nominations underway

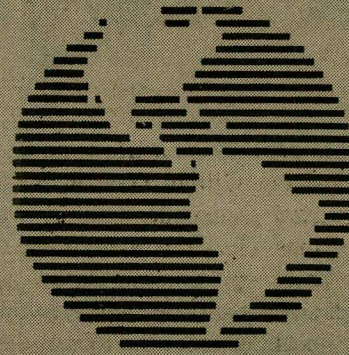
All BPA majors are invited to nominate a faculty member/ members for this year's awards ceremony to be held April 30. Ballots are available in the BPA office, McIntyre 128, and due Tuesday, April 28.

Fraternity to teeter-totter for Easter

Tomorrow the Beta Theta Pi fraternity will start its third annual teeter-totter-athon to help raise money for the Easter Seals Foundation and the Nelson-Grahn Memorial. The event is scheduled to continue for 24 hours, starting at noon outside the Beta Theta Pi house on Union Avenue.

Attention: Asian Studies/ International Affairs majors

Humanities 106 (Classics of East Asia) has been opened on a limited basis in the fall term to continuing students in Asian Studies and International Affairs programs.



WORLD WATCH

Compiled by Rich Waymire

In a new offer made to Secretary of State George P. Schultz Tuesday, Soviet leader Mikhail S. Gorbachev proposed dismantling short-range nuclear missiles in Europe as part of a broader agreement to eliminate all nuclear missiles on the continent, according to Tass, the official Soviet news agency. Gorbachev challenged NATO on the issue, saying, "What are you afraid of?"

If you know a spy, or play one on TV, give dial-a-spy a call. The army's new spy hotline is staffed by trained counterintelligence experts who can distinguish legitimate tips from crank calls. Some calls were made which "have brought to the surface matters of concern," according to William Dwyer, a civilian counterintelligence official. Some things which should be reported include soldiers who drink excessively, have gone into debt or boasted about access to classified material.

Surrogate mother Mary Beth Whitehead had what was described as a "great" reunion with her year-old daughter Tuesday, seeing her for the first time since she lost custody of the child known as "Baby M." The child was put in the custody of the natural father, but Whitehead is appealing the decision to the New Jersey Supreme Court.

Country singer Mickey Gilley filed a lawsuit in Texas District Court yesterday asking a judge to legally dissolve his ties with the famed Gilley's Club of Pasadena, Texas. Gilley said he is dissatisfied with the operation and upkeep of the dance hall featuring his name and picture.

Senators talk beef, bust

By Caitlin Moughon

Senate spent more of your money, appointed more people to assist in the spending of future monies, and came up with particular new ideas for said spending Tuesday. All in all, it was an average meeting.

In the money spending category, Senate allocated \$3685 to Special Programs for Spring Weekend in a unanimous vote.

Vice President Ken Miller said that the request by Steve Shelver, chairman of Special Events, "was valid and that they faced some problems this year that made it impossible for them to keep within their budget."

Senate appointed a new director of Public Relations as well as a Publicity Office manager.

The new director of Public Relations by unanimous vote is John Millstein.

"He's already done a significant number of projects for us," said President Gillian Gawne. Of the candidates, Gawne said, "he had a lot of initiative and creativity."

Kim Prehn was appointed Publicity Office manager by unanimous approval.

"Kim really stood out," Gawne said, "she's ideal for this position."

Miller reported that he was having trouble finding students interested in spending the Programming budget next year.

"We've only had two people sign up for programming positions," he said and added that sign-ups will go until Friday.

Seems the University is also trying to help ASUPS spend its money. When Gawne asked if a bust of Norton Clapp, former chairman of the Trustees, was to be placed in the SUB, this was the reply:

"All I know is that Dave has asked that they consult ASB to buy it," said Assistant Dean of Students Sue Yowell.

In contrast, it seems that students aren't too interested in the activities of their money-spending body. Gawne reported that the senators had trouble getting input at the all-senate Hot Seat Dinner Tuesday.

"We did kinda have to beg for people to come up and talk to us," she said.

Committee reports focused on the chic issues of food service and smoking in the Union.

According to Bill Millard, of Food and Safety, the last committee meeting consisted of a tour of the Food Service kitchen hosted by Dick Fritz.

"He put all our fears to rest that there is no grade D beef back there."

Senator Mike Haines queried, "Does Dick eat the food?"

"He had a hamburger today," answered Senator John Schussler, who works in Food Service (grill department).

Role of Union Board questioned

By Helen Dolmas

Under section 9, point C, subpoint 2a of the ASUPS by laws, the Union Board has the purpose of "initiating and reviewing policies regarding the facilities, services and activities provided by the Union."

Members of the board include a faculty representative, four student members at large, one fall elected senator, the ASUPS Vice President, the Assistant Dean of Students, and the Director of Business Services of the University.

Recently, some confusion has arisen regarding the actual role of the Union Board in decision making on issues such as smoking policy, food and drink in the lounge, and the placement of trash containers in the building.

This past week President Phibbs, Assistant Dean of Students Sue Yowell, Financial Vice President Ray Bell, Dean

of Students David Dodson, Mark Holden (chair of the Union Board), ASUPS Vice President Ken Miller, and ASUPS President Gillian Gawne met to "air concerns, misunderstandings, and intentions. The atmosphere was conducive to being up front and laying our cards out on the table," according to Gawne.

Speaking about the role of the Union Board, Phibbs said, "I think we need a clearer definition. When you have a new building there are always problems, but you work them out through experience. Things you thought would be a problem aren't and things you thought wouldn't be a problem are."

Food Service, The Bookstore, and the janitorial areas, falling under university jurisdiction, are the only areas within the building that are outside of Union Board policy. Other areas are within the bounds of the Board's policy making.

For example, the Union Board recently

came to the conclusion that a smoke free building is probably the most viable option.

The board has also discussed marketing strategies for the building, revenue sources, art displays, and community use.

Last week the board voted to allow only drink in the upper lounge areas. By outlawing food, the board hopes to

maintain the furniture and resources provided by the renovation.

Room reservations in the Union have been a subject of interest as many student, administrative, and off campus groups vie for the rooms available. Previously student groups were given

see BOARD page 17

What is Faculty Senate?

By John Shepherd

In the realm of campus politics, the Faculty Senate is little known and discussed.

However, the Senate, whose 18 members represent the faculty body, make decisions affecting everyone on

campus.

Recently, issues discussed by the Senate have included student evaluations of professors, library hours, honorary degree candidates, standpoints on South African educational investment, deferred rush and grading standards.

One of the more controversial issues has been the discrepancies in the grading practices of the various departments.

For instance, the Physical Education and the Education school and Music department gave 3.52, 3.47 and 3.46 as average grades respectively, while Biology gave 2.4 and the business school a 2.67.

The faculty Senate has the challenge of rationalizing these differences.

Senate Chair Keith Berry admits the problem is "an issue, but not one that will be greatly changed," considering the amount of academic freedom involved in grading.

He views the discrepancies as a matter of "grading being done without much thinking involved."

Consequently, the Senate resolved to request to each department an interpretation of what the letter grades mean.

Outside its obvious jurisdiction in academic standards, the Senate has voiced its opinion in other areas of campus life.

For instance, the lecture given last night by Desmond Tutu's aide, Colin Jones, was co-sponsored by the Senate's sub-committee on South Africa.

The sub-committee was born out of the faculty's interest about the social responsibility of stockholder's in South African companies, which includes UPS.

Despite this apparent involvement by the faculty representatives, Steve Bovingdon, a vocal supporter of divestment, expressed his disappointment in their effort: "At the Trustee meeting where they discussed their investment policy regarding South Africa, not one faculty member bothered to show up to defend their resolution they passed earlier in the year. That really pissed me off."

Berry admits faculty involvement is in a "low cycle," which he attributes to Faculty Senate being a "fractured" body, and, subsequently, not able to act with effectiveness.

In the near future, the Faculty Senate plans to go more into depth on the grading practices of the various departments. Its next meeting will be held on Monday.

DARE TO WANT IT ALL.



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NOW president gives talk at Puget Sound

By Amy Stephenson

Eleanor Smeal, the national president of the National Organization for Women, spoke Friday evening to Tacoma's NOW chapter for its Susan B. Anthony celebration. The meeting was held in the Union Boardroom.

Smeal's topics included pay equity, welfare reform, the Equal Rights Amendment, and the Civil Rights Restoration Act of 1987.

"Obviously I'm always trying to achieve reaching more and more people," said Smeal in an interview on Saturday. "I'm definitely future-directed. We're planning strategies for 1988, with Title IX, the Family Medical Leave Act, and the Equal Rights Amendment."

She is convinced that equal rights issues are young people's issues.

"So often old men are deciding the future of young women," she said. "You can vote...it affects you more because you've got your whole life ahead of you."

NOW is trying to foster awareness of these issues with a survey they are

"So often old men are deciding the future of young women. You can vote...it affects you more because you've got your whole life ahead of you."

~Eleanor Smeal
President, NOW

distributing on college campuses. The survey is to determine how Title IX is being enforced and whether discrimination is taking place.

One of Smeal's primary concerns is the Civil Rights Restoration Act of 1987, which is aimed at restoring the rights protections granted by Title IX of the Education Amendments of 1972. Title IX prohibited discrimination on the basis of sex in any educational program receiving federal funding.

In 1984, in a case called *Grove City v. Bell*, it was decided that this prohibition only applied to specific programs within institutions, not to entire institutions.



"In the seventies we saw integration of medical schools, athletic programs -- that's all because of Title IX. Three-quarters of the women in the 1984 Olympics were there because of that. Now you've lost Title IX, but the public doesn't know that," said Smeal.

"We want to show that it's been harmful [*Grove City v. Bell*] and must be restored on a lot of college campuses," said Smeal.

As she spoke, her concerns ranged from Title IX to ERA to care for the elderly.

"Talk about a young people's issue," she said. "You are the generation that's going to have the largest elderly population to care for. The population is aging. And you're going to do it with fewer and fewer programs," she said.

"These are all different variations of the same theme. We have a very filled program and it's time for young people to do more. If they're going to vote away your future, which you have more of a stake in...these 70-year-olds making decisions aren't going to be around to see these. You'll be here for 50 more years."

"We must participate in changing the priorities of our nation so that women...have a chance again."

Dyson tackles SDI

By Rob Huff

Kilworth Chapel was filled to standing room only Tuesday night with faculty, students, and community members to hear Professor Freeman Dyson speak on the topic of arms control and defense.

"The hope is that nuclear weapons will maintain a balance of power. However, nuclear weapons vastly increase the price of mistakes."

~Freeman Dyson

The goal of this presentation was to "separate the sense from the nonsense in the Star Wars program," according to the pre-speech brochure, and Dyson carried out that task completely, first by outlining the original goals of nuclear deployment.

"The hope is that nuclear weapons will maintain a balance of power," he said. "However, nuclear weapons vastly increase the price of mistakes."

Dyson then addressed the views of the defense community that a non-nuclear

world is an impossible goal.

"A combination of arms control and strategic defense together can lead to a non-nuclear world," argued Dyson.

Dyson believes that the Soviet Union would accept a defense shield of antinuclear weapons built over the United States. However, he said the "boost phase" weapons that are now receiving greatest media attention will not be acceptable.

"The Soviets will never accept the proposition of enemy spacecraft overhead," said Dyson.

He also sees the technical hurdles of a defense shield as surmountable. He proposed to leave that portion in the hands of the military while shifting the research in x-ray lasers and particle beams needed in the "boost phase" weapons to the scientific community.

Dyson's lecture was the eighth lecture in the John B. Magee lecture series and the second this academic year. Earlier in the week Dyson gave talks about constants and his theories on the origin of life.

BACCHUS addresses student alcohol abuse

By Liz Clark

Boost Alcohol Consciousness Concerning the Health of University Students, or BACCHUS for short, is a new group on campus concerned with educating students about alcohol use and abuse.

Meeting since the beginning of this term, BACCHUS was recently recognized by Senate.

"We're not condoning drinking, but we aren't saying 'don't drink.' College students are going to drink. We just want them to think about what they are doing so they will not get hurt or hurt others," said Chairman Claire Campbell.

According to Campbell, there are

about ten or fifteen people in the group, which meets every Thursday at 4 pm in SUB room 201.

The group is currently planning to sponsor a booth during Spring Weekend field events serving soda pop.

"We are coordinating with RHA a sleep-out after the movie. If the movie is in A/L or Todd Quad we will hold it there; if the movie is shown inside we will try to hold it in the SUB," Campbell said.

In cooperation with the Cellar the group is sponsoring a movie, *Alcohol on Trial*, in the Cellar on Tuesday, April 28th at 8pm.

The group encourages new members and anyone interested is invited to attend a BACCHUS meeting.

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VALUABLE COUPON

Track

Growing strong

By Rob Huff

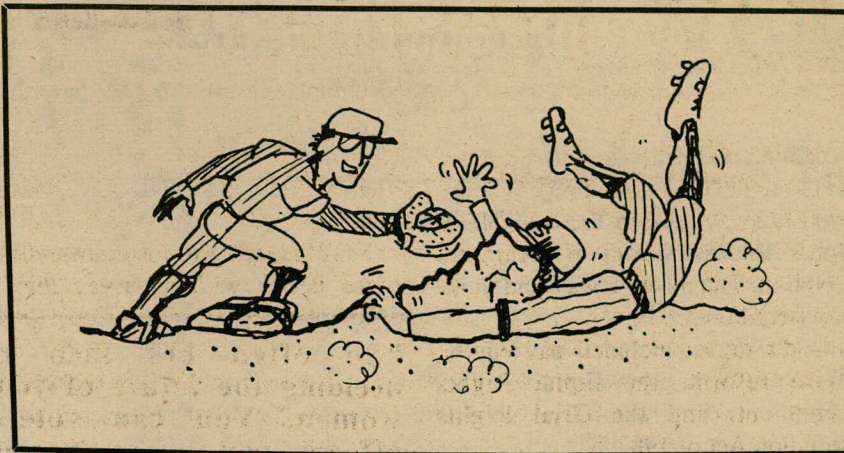
The Logger track team ventured northward last weekend to compete in the Western Washington Invitational held in Bellingham. The standout performances in the meet were familiar, with the women having a good showing and the men continuing to show strength in the sprints.

The women were led by Amy O'Herin's second place showing in the shot put and third place in the discus. This was coupled with the efforts of Mary Kusler who wrapped up a second place in the 100 meter hurdles and third in the 400 meter hurdles.

Other top performances were tallied by Patricia Dukeminer (4th in the 400 meters), Patrice Whitaker (5th in the 100 meters), and Molly Ostlund (6th in the 5000 meters).

The men were paced by Thayne Chaumell in the 400 meters closely followed by Paul Hospenthal. Meanwhile, Tracy Daugherty opted to run the 800 meters which resulted in a sixth place. As well the 4x400 relay was once again won by the Loggers.

Four regular season meets remain for the Loggers before the district championships on May 7-9. On April 25 the Loggers host the J.D. Shotwell Invitational.



Loggers drop five

By Kathy Hedges

The '87 season for the UPS baseball team is looking dim. This past weekend the Loggers delivered four wins to Whitworth and one to the College of Idaho.

On Thursday UPS was host to the College of Idaho. The weather turned out great as far as Northwest weather goes, but the same can not be said about the baseball seen on Burns field.

With UPS at defense the College of Idaho was seen walking the bases and on offense the Loggers were seen running back to the dugout.

On Saturday and Sunday the Loggers travelled to Spokane to take on Whitworth to four games. The Loggers

came home worn out, tired and, sad to say, defeated. UPS dropped the four games to Whitworth.

While all of this may sound negative for the UPS stats there have been some strong improvements. Matt Quick went 10 for 15 at bat last week and improved his average to .483. Outfielder Todd Torgeson increased his average to .351 hitting 8 for 15.

To finish out the season the team will remain home, minus one game on April 24 that will be played at Cheney Stadium.

Today, Thursday, the squad will play Central at 1 pm to make up the game they were to have played Wednesday. The action is a doubleheader taking place on Burns field.

◆◆◆ Logger Corner ◆◆◆

Irreplaceable Tibbs

By Laura Edwards

"Shy and quiet, but a fierce competitor," is how one person described senior Wendi Tibbs, the UPS's All American guard for the Lady Loggers' basketball team.

"Yeah, she's quiet but when she's out on the floor, she's our leader", replied junior center Brit Hanson.

"She's awesome...incredible", gushed Coach Sally Leyse of the Logger captain.

If Wendi Tibbs had been around to hear

all this, she probably would have sunk right through the floor with embarrassment. One can never accuse her of being cocky or having an inflated ego which can happen to anyone if they had her credentials.

All Tibbs did was earn the District I Player of the Year, a spot on the Holiday Classic All Tournament team, and the NAIA All American honors while averaging 14.0 points a game and leading the Loggers to a 23-8 record, the best in UPS history.

see TIBBS page 17



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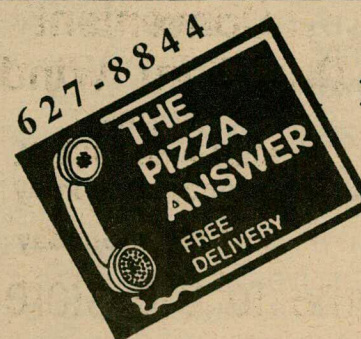
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Upcoming Intramural Action

Men's Volleyball

Tue:	S.C. Spikers vs. Nothing Best	Gold	7 pm
	FF & H vs. Hung Tight	Green	9 pm

9 Foot Basketball

Thur:	Just say no vs. Seamen	Blue	9 pm
	PTHTC Inaptn vs. Rad Meatheads	Blue	10 pm
	Schmidt Faced vs. R. Pits	Gold	7 pm
	Idiots vs. Back Stabbed	Gold	8 pm
Mon:	Masons vs. Team Embo	Green	7 pm
	Jock Itch vs. Lagers	Green	8 pm
Thur:	Babbleheads vs. Hoopsters	Green	9 pm

INTRAMURAL ANNOUNCEMENTS

PICKLEBALL TOURNAMENT:

Friday, April 17, from 5 to 7 pm there will be a pickleball tourney. Sign-ups are at 4:45 pm on Friday. There will be one male and one female division, all for singles play.

RACQUETBALL TOURNAMENT:

Starting at 10 am on Saturday, April 25, there will be a Racquetball tournament. Sign-up by April 23 in the IM office. There will only be singles competition for men's and women's A and B division.

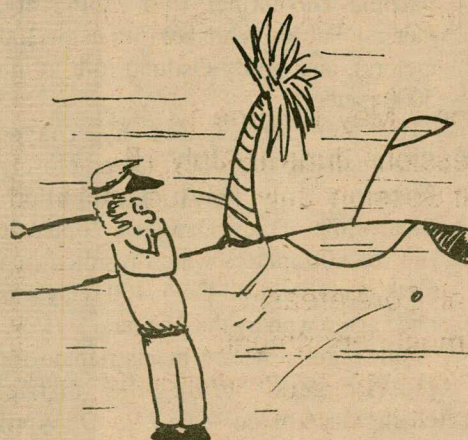
TRACK AND FIELD MEET:

Sign-up begins Monday, April 20, through Thursday, April 30, at noon. The meet will begin at 4 pm on April 30. Individuals may sign up for a total of 3 events, this may be any combination of field events, running events or relays. There will be: long jump, triple jump, high jump, shot put, discus, 100m dash, 200m dash, 400m dash, 800m dash, 1500m run, 4x100m relay (coed) and 4x400 relay (coed). All events will be held at the stadium on the J.D. Shotwell Track.

WINDY Competition

By Melisse Swartwood

Despite the wind, the golf team was not blown away last week when they travelled east of the Cascades for the Central Washington Invitational.



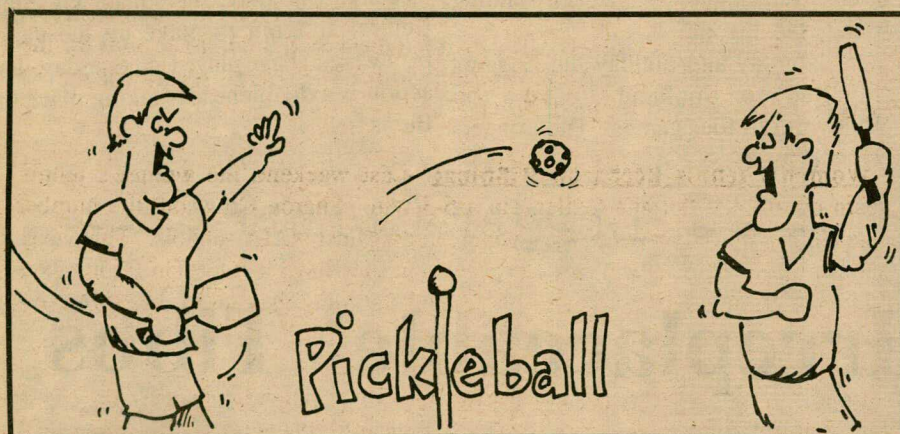
The team played in good weather at the Ellensburg Country Club on Thursday. On Friday, however, at the Yakima Elks Golf Course, "The wind blew like a hurricane," said Derek Swanson.

The wind blew left to right across the course. "You have to modify your swing," explained Swanson, "You can't be aggressive. You have to play to win, not play your own game."

Swanson said, "You have to take the wind into consideration when you select a club and hope the wind would help the shot. There's more guess work instead of normal playing technique," he said.

For the two days of the tournament, Swanson was the Loggers top overall scorer with a 166 total. Matt Cowan

see GOLF page 17



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University of Puget Sound 1987 Summer Session

WHEN?

Early Session May 18-June 12
First Half Session June 15-July 15
Second Half Session July 16-August 14

WHAT?

Courses in all Core areas.
Courses in most departments.
Courses which meet prerequisites for classes offered next year.
Special enrichment courses.
Learning skills courses.

WHO?

Many of the professors teaching in Summer Session are the most sought after on campus. Some are retiring this year, so this is a great opportunity to take a class from one of them.

HOW MUCH?

35% tuition reduction for summer session classes. Students enrolling for two or more units may take an aerobic dance class without charge. Students enrolling for three units pay the tuition rate for 2.5 units.

Work-study preference given to Puget Sound students enrolled in Summer Session.

WHY?

Complete a summer session course by June 12 by enrolling in the early session beginning right after finals in May.

Devote a summer to a particularly difficult course.

Work and go to school. Classes are scheduled in short blocks of time with some offered in the evening.

Avoid transfer credit by taking Puget Sound courses.

How?

Summer registration begins April 20 and continues until the first day of any class. A \$20 per unit deposit holds your registration until the first day of class (refundable if you withdraw before the class starts).

Sports in Brief

Freshmen strong force for UPS Track team: This past weekend the track team participated at the Western Washington Invitational in Bellingham. For the men, freshman Thayne Chaunell made a strong finish in the 400 meter with a 49.2. Amy O'Herin finished 2nd in the shot with a mark of 40' 1/2" and 3rd in discus with a 127'. This Saturday the team travels to Oregon to compete against George Fox College. April 25 the team is hosting the Eighth Annual J.D. Shotwell Invitational Track Meet. This is the first and only home meet for the tracksters. Home action will begin at 10 am.

Softball weekend all wet: Softball action over the weekend was cancelled for the Loggers due to the rain. UPS was to have one game with PLU and were to have gone to the Pacific University Tournament. In total the softball team has been rained out five games this season. Last year the team ended with 13 games being called due bad weather. The season record for '87 so far is 4-2, the Loggers are planning to add to their wins today, Thursday, as they host Warner Pacific starting at 2 pm.

Golf team to hit 54 holes this weekend: This weekend the UPS golf team heads to Portland to participate in the Rippling River-Portland State University Intercollegiate Golf Tournament. The format the tournament will follow is 27 holes both Friday and Saturday. The competition will include 17 teams.

Logger Baseball coming home: Over the weekend the baseball team finished up their last away game for the season. Action took place at Whitworth this past Saturday and Sunday. The action, however, did not go so well for the Loggers who lost all four games to Whitworth. The overall record for the '87 season is 6-14 and 0-8 for the District.

Women's tennis keeps on winning: Last weekend the women's tennis team overtook Whitman College in a 6-3 win. Sharon Crowson, the number one singles player, has remained undefeated against NAIA schools. This week the team travels to UW to face the only team they have lost to. On Friday they will host Seattle University at 2 pm and on Saturday they will host University of Oregon at 9 am.

Men's tennis gain one more win: As the Loggers faced Green River Community College this past week the men took the win by a 5-4 margin. The team is looking to gain more wins as they take on Boise State at 2 pm today. Sunday the men will host Eastern Washington and Gonzaga.

Crew team off to Pullman: After a successful home regatta the Logger crew team will head out to a regatta in Pullman against WSU and PLU.

This week in UPS sports

Thurs:	SOFTBALL VS WARNER PACIFIC	Home	2 pm
	MEN'S TENNIS VS BOISE STATE	Home	2 pm
	Women's Tennis vs UW	Away	2 pm
Thur-Sat:	Golf at Rippling River/PSU Invite	Away	12 pm
Fri:	WOMEN'S TENNIS VS SEATTLE U.	Home	2 pm
Sat:	WOMEN'S TENNIS VS U. OF OREGON	Home	9 am
	Track at George Fox Dual Meet	Away	TBA
	Crew at Pullman vs. WSU, PLU	Away	TBA
Sun:	MEN'S TENNIS VS EASTERN	Home	9 am
	WOMEN'S TENNIS VS GONZAGA	Home	1 pm
	MEN'S TENNIS VS GONZAGA	Home	5 pm
Mon:	Men's Tennis at Green River	Away	2 pm
Wed:	BASEBALL VS OLYMPIA C.C.	Home	3 pm

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Anorexia a widespread concern

By Helen Dolmas

*Obsessive talking about food and counting of calories

*Ritualistic eating patterns

*Mass consumption of diet sodas

*Excessive exercise

*Increased social isolation

Symptoms of a disorder that affects one percent of U.S. women aged 12 to 25 years, which is currently about 280,000 women. Some statistics report that more than

a half-million people are afflicted, 95% of whom are women. Between 2 and 9 percent die, usually from suicide or cardiac arrest.

Anorexia Nervosa is a refusal to eat anything at all, as well as an obsession with becoming extremely thin. Women are particularly susceptible to the illness today, as the media and advertising promote an increased awareness of body image, according to *Women's Sports*

see ANOREXIA page 18

Bulimia: a growing problem

By Caitlin J. Moughon

Symptoms: erosion of tooth enamel, heart irregularities, amenorrhea, ruptured esophagus. Sounds god awful. It is.

It's bulimia.

Bulimia is an eating disorder which consists of bingeing and purging. Victims consume thousands of calories in a sitting, only to vomit them up before absorption.

And the problem is massive.

According to a recent article in *Newsweek's On Campus*, the incidence of bulimia is increasing on college campuses.

Five to eight percent of college women have "clinically significant bulimia," which would mean 70 to 112 women at UPS.

Not to mention the occasional binge and purgers who may number

three times that figure. The count is between 210 and 336 now.

Who are these numbers? They're young and white, and they come from educated middle class families. Much like a few Puget Sound students.

Until recently, an overwhelmingly large percentage of these victims were believed to be women. Now, 5 to 10 percent are men. Not surprisingly, they come from the same background.

One might ask why these young people, who seem to be normal in every way, are afflicted by bulimia.

The answer is a society, which equates thinness with success.

Wellesley College, a highly selective Ivy League women's school, surveyed 530 of its students,

see BULIMIA page 18

Calcium deficiency: the truth

By Kathy Hedges

Rumor has it that calcium deficiency is the cause of Osteoporosis, and to cure the disorder all one needs to do is increase his/her intake. Well, yes and no.

Let's first look at what osteoporosis is. Osteoporosis is a bone disorder that affects the middle-aged and elderly; especially hit are white females.

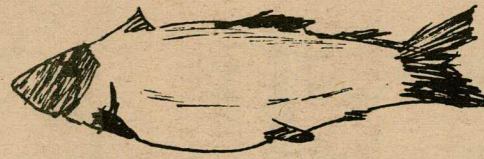
During the years of puberty and into the middle years the body produces sex hormones that maintain bone tissue by stimulating bone forming cells (osteoblasts) to form new bones.

After menopause the female produces less sex hormone, thus

the osteoblasts are less active in forming bone. Men also produce less sex hormones as they age and there is a decrease in bone mass.

This decrease affects the whole skeletal system. The spine begins to collapse and curve, the ribs fall down toward the hips and the chest caves in.

see CALCIUM page 19



Cholesterol often misunderstood

By Rich Underhill

One of the most misunderstood health issues today is that of cholesterol. Many experts say that high blood cholesterol levels indicate a risk for cardiovascular disease. A consensus among experts as to how severe the problem of high blood cholesterol levels is, however, does not exist. Also, if high blood pressure is a problem, the way to reduce blood cholesterol is also not certain. What is certain is that many myths can be heard about cholesterol.

Cholesterol is a useful substance made by the body; it is not a totally evil substance. For example, sex hormones are made up of forms of cholesterol. Without cholesterol, we just might be sexless--wouldn't that be a shame.

When the blood cholesterol levels are too high, problems are thought to begin for some individuals. The cholesterol bodies become part of the plaque that lines arteries, causing the passageways of the arteries to become increasingly narrower. Less blood can get through and the arteries lose elasticity, causing an aneurysm (ballooning) which can lead them to burst.

Since cholesterol is made in the body, it is not a necessary nutrient; it need not be ingested to maintain the needed levels. The American population, however, eats far more cholesterol than it should. A Nationwide Food Consumption Survey found that in boys and men, up to 450-500 milligrams a day is eaten. The suggested maximum is only 300 milligrams.

A recent trend among experts suggests that the amount of cholesterol eaten is not the problem, but the amount of triglycerides (fats) causes the high blood cholesterol levels. Saturated fats are thought to be the culprit. The actual cholesterol in foods is now only thought to raise blood cholesterol slightly,

see CHOLESTEROL page 18

STDs are a problem

By Amy Driskell

STD. Sounds like motor oil, but it's not. It stands for Sexually Transmitted Disease.

"STDs are any diseases that you get only through intercourse," said Janet Partlow, Physician's Assistant at UPS Health Services, "plus diseases you may get through intercourse."

According to Partlow, syphilis and gonorrhea can be contracted only through intercourse, and it is thought that chlamydia is equally exclusive. Crabs, or pubic lice, can be passed through intercourse, as well as by contact with infected towels, clothes or sheets.

College age, or 15-25, is the "peak" age for contracting STDs, said Partlow. "Typically what heterosexual people get is, most commonly on this campus, is chlamydia," said Partlow.

"Chlamydia is probably the number one concern right now because we think it's very common, we think it

"Really everything ne dissolves into nothing, bu

many people it doesn't cause any symptoms at all and it can cause, in women, sterility," said Partlow.

Chlamydia is difficult to diagnose. A lot of times there are no symptoms, especially in women. "Usually what happens is the man comes in with certain symptoms, and we find out he's got it, and then we get his partner or partners in and treat them," she said.

Chlamydia can be easily and effectively treated with antibiotics. Sometimes chlamydia, if unnoticed or left untreated, can travel up into a woman's uterus and fallopian tubes. This can cause a pelvic infection which is harder to treat and can require hospitalization. Worse still, chlamydia can cause permanent damage to the female reproductive tract, including a possible decrease in fertility.

Symptoms of chlamydia in women are: increased yellow vaginal discharge, vaginal irritation, frequent burning urination, bleeding or pain with intercourse, vaginal bleeding

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a common on campus

between periods, lower abdominal pain, severe cramps with periods, and persistent fever, fatigue, or body aches.

In men: yellow discharge from penis, painful skin on penis, painful frequent urination, lower back or abdominal pain, difficulty in urination.

According to Partlow, gonorrhea is not common on this campus, although it is a common disease in the outside age group. It is only sexually transmitted and typically causes symptoms much quicker than chlamydia. It is also easily treatable with antibiotics.

"Syphilis is pretty much a disease of homosexual men," said Partlow, "85 percent of the cases of syphilis in Washington are in homosexual men, and the rest are usually among prostitutes."

"Herpes is also considered to be sexually transmitted," stated Partlow. Along with syphilis and gonorrhea, it is not at all common on this campus. It is caused by a virus and there is no

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t it must not be forgotten."

treatment. Though it tends to reoccur and can cause discomfort, the symptoms seem to disappear in 4 or 5 years, according to Partlow.

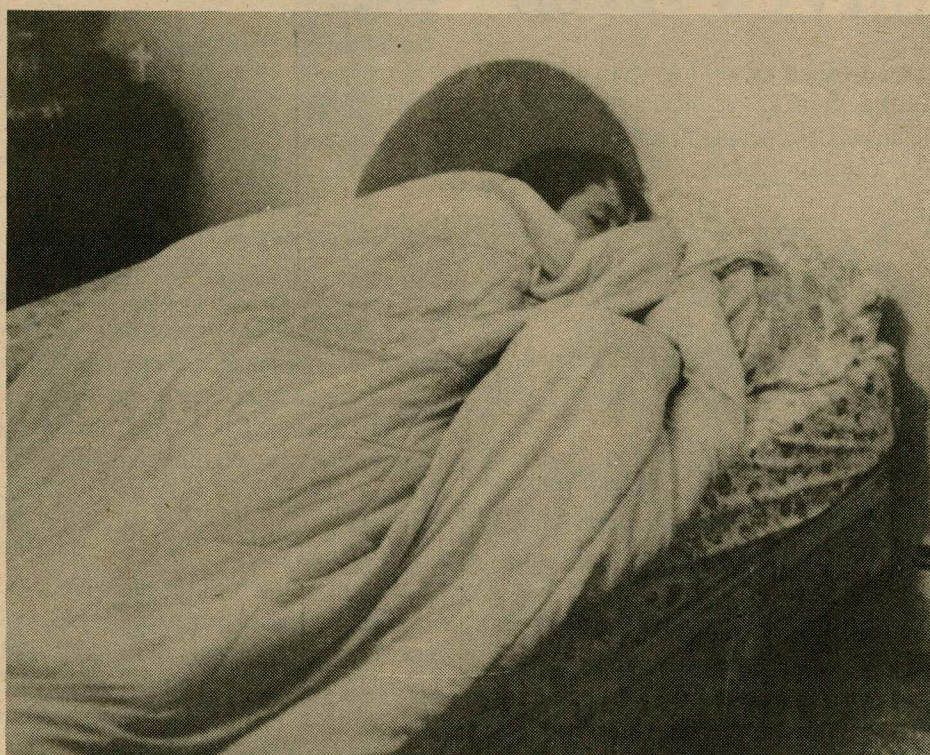
"In fact, though, once the hysteria blows away, herpes is not that bad physically. People are more affected emotionally, they feel like lepers," she said.

"Really everything next to AIDS kind of dissolves into nothing, but it must not be forgotten," said Partlow.

Other types of vaginal infections are common on this campus, such as trichomoniasis. It is considered sexually transmitted, but can be spread in other ways. It doesn't affect men, though they may carry it, and are often treated, just in case, according to Partlow.

Another common vaginal infection is the yeast infection, which may possibly be sexually transmitted. These infections are probably related to stress, and so are fairly common on college campuses.

see STD page 18



The benefits of sleep

By Amy Driskell

The ten page paper due tomorrow. The organic chemistry exam. Drive-In Theater of Channel 22. FINALS. Things we all lose sleep over.

Aaahh. Sleep. Something it seems you can never get enough of. Well you're not alone. "About a third of Americans complain of a sleep problem, and roughly 10 percent of the population considers difficulty sleeping a big disturbance in their lives," said Dr. Wallace Mendelson in an interview in *U.S. News & World Report* (Feb. 10, 1985).

Sleep is a very complex process that scientists are only just beginning to understand. According to Dr. Ernest Hartmann, quoted in an article in *Science Digest*, (April 1984), sleep fulfills two functions.

Physical and mental restoration occurs during the deepest phases of sleep. The second function is psychological. Hartmann believes that a psychological rebuilding takes place during the REM (Rapid Eye Movement) periods that occur after the deep-sleep stages.

see SLEEP page 19

Necessities for life

By Melisse Swartwood

If they can't find them in one of the college student's basic food groups—pizza, beer, potato chips, and junk food—a lot of students don't get all the iron and Vitamin C they need.

Watch out, iron-deficiency anemia can result from the lack of these two vital ingredients. Iron-deficiency anemia is a term for the conditions of a reduced level of hemoglobin in the blood.

Iron-based hemoglobin is the substance in red blood cells that carries oxygen to the rest of the body. The result of anemia is that all the cells in the body suffer a deficiency of oxygen and the body lacks energy.

Iron is needed to produce hemoglobin. Vitamin C is also necessary because it is needed to

absorb the iron found in food. For best results, iron and Vitamin C should be eaten in the same meal.

Iron intake is also important as iron can be stored in the bone marrow for emergencies, such as blood loss.

A menstruating female is the most likely candidate for anemia. Birth-control pill users are at less risk due to usually lighter periods. Gastrointestinal disorders such as hemorrhoids and ulcers can also contribute to anemia.

While Vitamin C aids the absorption of iron, certain substances actually inhibit absorption. The tannin which is found in coffee and tea can cut the amount of iron absorbed by 40 of 95 percent when these beverages are drunk with meals. To reduce this effect, it helps to wait an hour or two after a meal before indulging in these drinks.

PMS: the facts

By Amy Stephenson

If you've felt depressed or euphoric for no good reason, if you've had a sudden craving for extra-salt potato chips or some chocolate-coated chocolate, if you've ever been tense or irritable and didn't know why, you may have been exhibiting the symptoms of Premenstrual Syndrome.

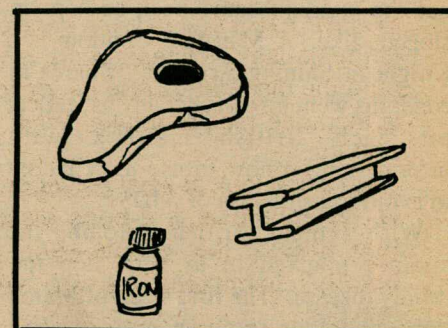
Premenstrual Syndrome, known as PMS, is a physical condition which occurs before the onset of menstruation. While only 5 to 10 percent of menstruating women suffer severely enough to interfere with their daily activities, 85% of them experience some bodily or psychological changes, according to an article in the January, 1985 issue of *Parents* magazine.

Despite research, no specific cause has been discovered for PMS. Women who suffer the worst have been found to have normal reproductive systems and normal hormonal levels.

The most common of over 150 symptoms are tension, irritability, anxiety, swelling and tenderness in the breasts, headaches, abdominal bloating, and cravings for sweet and salty foods. Tolerance for pain and resistance to infections are lowered, coordination may be poor, and the tendency toward binges can increase. These symptoms can indicate PMS if they take place in the 7 to 10 days prior to the onset of menstruation.

Many women don't recognize that

see PMS page 19



Phosphates found in ice cream, candy bars, baked goods, beer and soft drinks also interfere with iron absorption.

Foods high in iron include red meats, liver, raisins and prunes, dried

see IRON page 18

GOOD HEALTH GOOD HEALTH GOOD HEALTH GOOD HEALTH GOOD

AIDS In Britain

Education saves lives

By Cynthia King and Paolo Rosi

The Europeans have a reputation of being more sexually open-minded than the Americans, but the English, more specifically, the Tory government, are rightly considered uptight.

For years, the incumbent Tories have looked the other way on sexual issues, especially homosexual issues. But, in the past three months, the Tory government has had to face the dire prospect of a country swept by AIDS.

It wasn't a happy day when the conservatives had to admit that the heterosexuals in the country were prone to AIDS, but once past the admission the conservative machine decided to get to the bottom of the problem.

three of their condom packs - just like Willie Wonka. A billboard appeared featuring two people in a double coffin, the caption reading "BANG BANG You're Dead."

The government even showed humor in an advertisement featuring a ship heading towards an iceberg labeled "AIDS--'Does this mean that if the Titanic had been sheathed in a condom, it would not have sunk?' asked one passenger."

The condom was voted "Fashion Accessory of the Year" by *The Face*, a British magazine. But, in spite of the publicity, in some places the sheath is still not available.

A man recently went to Brook Street, a sort of British Planned Parenthood, to



Using their formidable media weaponry, the Tory government flooded radio, T.V., billboards and mailboxes with anti-AIDS literature.

With the advent of the Pill, the bottom fell out of the condom market, but the condom came back as hero in slogans like "A Man in a Condom is a Knight in Shining Armour." Shares in condoms went up considerably as leaflets hit each British mailbox with information on how to use the condom to avoid transmission of AIDS.

With typical British aplomb, the country mucked in to help stop the deadly disease. The first week of March three and four shows a night dealing exclusively with AIDS ran on British television. Some shows were broadcast simultaneously over two channels, a right normally reserved for political party broadcasts.

But with also typical British wryness, the country began to see the humor in a grim situation. Slogans began appearing: "Be Safe, Come in a Jiffy." (A brand of condom) The same condom company hid tickets to New York in

pick up contraceptives for his girlfriend and they wouldn't give him condoms solely because he was a man. Had his girlfriend been with him they would have

been able to get as many as they needed for free.

So for all of the ballyhoo, Britain isn't yet totally liberated, but at least they've taken several steps toward reducing the spread of AIDS.

The United States, caught between Jerry Fallwellites and the fear of the networks, still refuses to mobilize the country's considerable commercial and federal power to slow the spread of AIDS.

It's going to take several deaths among heterosexuals, each a turn of the proverbial screw, before it finally dawns on the American public that they need the kind of information that the British, albeit conservative, government has given to their people.



IMPRINTS

By Kent Pearson

"This can't be Vancouver," I thought as I waited in line to get into the Lamplighter Pub in Vancouver's Gastown district. "I recognize almost everyone here." I must have taken a wrong turn somewhere outside of Bellingham and ended up back in a basement on Union Avenue. (Those of you offended by Tavern Talk or fraternity flap would be advised to stop reading here)

But I remembered going through customs earlier that evening and checking into my room on the 32nd floor of the Hyatt. And the money in my hand was pink, not green. I realized there would be people I knew in Vancouver, but half the campus in one bar?

Standing in line next to me were people I swore I had seen before. And they were speaking with American accents. Some were wearing shirts that read Beta Theta Pi, Kappa Sigma, and Sigma Alpha Epsilon. The locals probably thought they were being invaded by a group of Greek tourists. OK, maybe not, but most appeared less than pleased that their hangout was being invaded by a bunch of young people who shower regularly.

It was already 11 o'clock, and it looked like we weren't going to be let in for a while. "Well, we have to drink somewhere," one salivating senior said, leading the group to another local watering hole. We then made our way to the Blarney Stone, an old Irish pub a block away. The atmosphere couldn't have been more different than the Lamplighter. After paying a two dollar cover charge, (they don't charge a cover at the Lamplighter) we sat down to a couple \$8.00 pitchers. A Gaelic rock 'n roll band belted out tunes in the corner of the brick building as we found a seat in the balcony. There were no other college students in sight, but, surprisingly, no one was relieved.

Having had enough of the expensive beer and, for some sick reason, wanting to go back to the Lamplighter, we left the Blarney Stone. Much to our dismay, there was still a lineup.

Despite our bribes and pleading, the bouncer refused to let us in. We kept telling him that this was the fourth year in a row we had frequented his establishment, but he was not impressed. The 18 and 19 year-old "Lamplighter rookies" waving at us through the window only served to make the wait longer.

After 15 minutes of rubbing elbows with other UPS pilgrims, the bouncer finally let us in. But he let us in on one condition; that we stay on the right side of the room, the side where all the locals had moved in order to avoid the dancing, drinking, and slurring college kids. We stayed long enough to break up a fight between two of Vancouver's finest and decided it was time to gravitate toward the less dangerous side of the room.

How much safer it was is debatable. Weaving through the maze of people to the bar was no easy task. Along the way I had a number of incomprehensible conversations and was beaten about by some overly physical friends. The tiny dance floor had spilled out into the seating area, and people dancing on the bar were spilling onto the dance floor. No locals dared to venture into the gyrating mob. The band, however, loved it, welcoming the group from the University of Puget Sound to Vancouver. Yes President Phibbs, we were excellent representatives of the University.

Surprisingly, the pub did not divide along fraternity lines. Everyone simply enjoyed socializing with whoever happened to be at the next table. It was refreshing to see people dropping the silly barriers that often divide us while on campus. I hope it is a continuing trend. Maybe we should leave the country together more often, next time inviting the entire campus. I doubt a school sponsored party in Vancouver would go over well with the administration, but it would do wonders for campus involvement and unity. And no, you wouldn't have to drink; we wouldn't want to promote alcoholism on campus.

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Alumni share some real world knowledge

Hey You! Read this! It is beneficial to your life.

Of course the biggest worry most liberal arts students face is what can I do with a major in...

Alumni understand these concerns, and on April 21 from 6:30-9:30 pm, they will return to the UPS rotunda to talk about life in the career world. The evening, titled "Alumni Sharing Knowledge, What Can I Do With A Major In..." is being sponsored by the Career Development Center.

Andy Slatt, one of four organizers, said alumni response has been overwhelming.

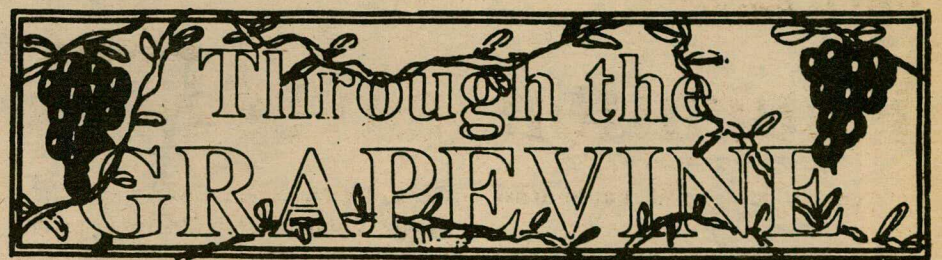
"There's a real commitment on the part of the alumni. They really care. They

want to make it easier for students."

Alumni from the 60's, 70's, and 80's will be present, and will be sectioned off according to disciplines. Students will have a chance to see each alum's resume and to talk informally about career choices.

"The thing the alumni stress is that with a liberal arts background anything is possible," said Slatt.

Slatt encourages students to drop by for this special reception. "It is a unique opportunity to mingle with other students, alumni, faculty and staff who share a commitment to liberal arts education and an interest in career development," said Slatt.



There's no racism in Hollywood--you'll be pleased to know. Michael J. Fox recently announced that he is getting married. He doesn't know to whom or when, but he does know she'll be Jewish. "I like the idea of getting up Saturday morning and going to the deli. And the kids have great birthday parties when they're 13."

Now I know not everyone will cry when I die--the Theater department won't send flowers, I am sure--but poor Fred Clark. The minister reading an elegy for the deceased Clark said, "[Clark was] a very disagreeable man with little good in him, who would not be missed." Dennis Marsh, a farmer who attended the funeral said, "We were all stunned because Fred was one of the most popular men in the area."

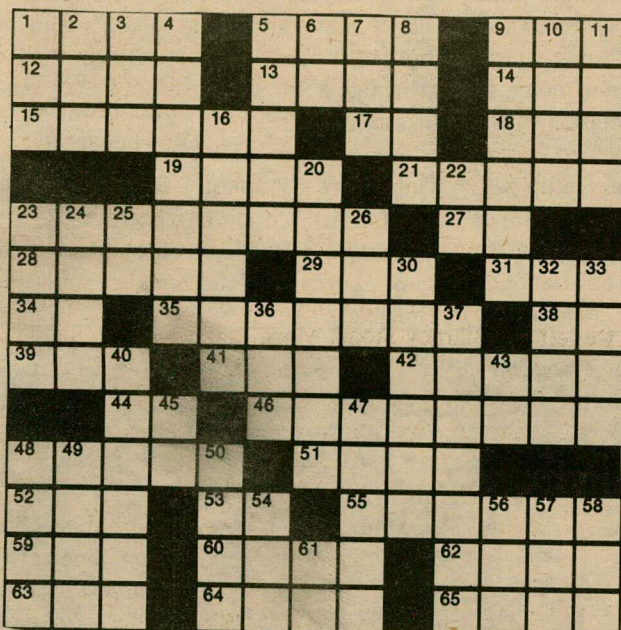
Some people don't enjoy sex--sad, but true--A University of Minnesota study released last week confirms this fact. The study found fraternity and sorority members tended to have lower grades and have more problems--from missing class to having unpleasant sexual encounters--than their independent counterparts. Why? Could it be, oh I don't know, could it be...*Alcohol related?*

And you think the Trail prints--(go on, say it) shit. *The Lion's Roar*, Southeastern Louisiana University's newspaper has won the headline of the week award: "*Remain Calm After Suicide Attempt*" I think if everyone would remember that, we could effectively eliminate the need for a counseling center.

Ok, now a name like Wee Wee Samples--is amusing, but Pee Sieger? Not too funny, except when you consider that Pee is the architect for a new 30,000 square foot building sans bathrooms. Pee says the decision to eliminate bathrooms was a budgetary one.

--Katie de Gutes

Crossword Puzzle



ACROSS

- 1 Collection of tents
- 5 Cut up finely
- 9 Crimson
- 12 Sandarac tree
- 13 Shakespearean king
- 14 Before
- 15 Word of honor
- 17 Sun god
- 18 Shallow vessel
- 19 Ursine animal
- 21 Bread ingredient
- 23 Says
- 27 Agave plant
- 28 Sign of zodiac
- 29 Footlike part
- 31 Male sheep
- 34 Roman 1001
- 35 Effect a settlement
- 38 Symbol for cerium
- 39 Greek letter
- 41 Bright star
- 42 By oneself
- 44 Therefore
- 46 Improved
- 48 Distance measure: pl.

- 51 Judge
- 52 Mr. Gershwin
- 53 As far as
- 55 Skilled persons
- 59 Hurried
- 60 First man
- 62 Metal fastener
- 63 Goal
- 64 Obtains
- 65 Playing card
- 9 Mend
- 10 Periods of time
- 11 Depression
- 16 Rents
- 20 Complained
- 22 Latin conjunction
- 23 Moist
- 24 Goddess of discord
- 25 Roman 101
- 26 Ocean
- 30 Declared
- 32 Skin ailment
- 33 Reward
- 36 Thrust
- 37 Ingredient
- 40 Land surrounded by water
- 43 Either's partner
- 45 Faeroe Islands whirlwind
- 47 Athletic groups
- 48 Mud

DOWN

- 1 Headgear
- 2 Macaw
- 3 Deface
- 4 Difficulty
- 5 Lucid
- 6 That man
- 7 Paddle
- 8 Supplicate

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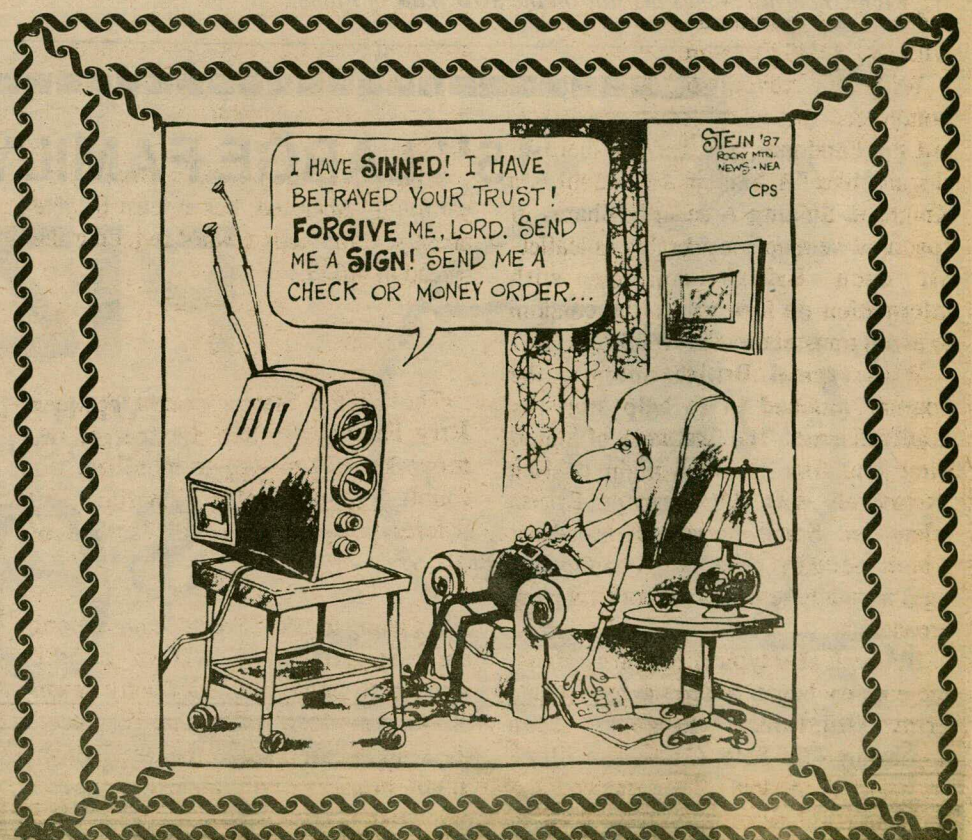
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Students hit right note

By Nicole Hykes

Singing solo requires practice, calm and always (hopefully) hitting the right note. It also means facing the crowd-all alone.

Friday April 24, UPS students Philip Cutlip and Deanna Immel will be hoping for all the right notes and a friendly crowd.

As winners of the concerto aria contest in the School of Music, Cutlip, bass, and Immel, fl... will be live at Pantages at 8... Guest conductor Margaret Hillis will lead the final evening on the schedule for the Chism Year of Music.

The soloist's preparation for the performance involves more than just the ordinary hour after tedious hour of practicing and memorizing music in a small practice room.

"Practicing with the orchestra involves a whole different way of singing. I have to be careful to enunciate consonants and sing louder and with more force," attests Cutlip. Because his "dynamic range is truncated," Cutlip's interpretation of the music is also limited.

The brass section provides Cutlip with another unusual distraction: "Sometimes they make faces at you while you're trying to sing. Particularly Pat Harvey."

Despite the demanding preparation

involved, Cutlip considers this a valuable experience. To perform with an orchestra, and in front of a big audience, ("well, hopefully a big audience") is an opportunity "which not many undergraduates get."

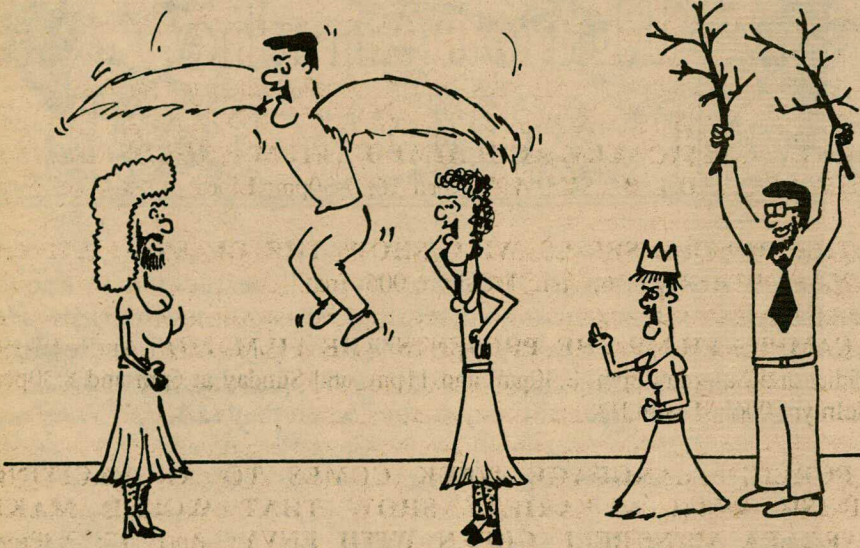
Cutlip will sing a Mozart aria from the *The Marriage of Figaro*, an aria from *Manon* by Massenet, and a recitativo and aria from Handel's *Messiah*.

Deanna Immel also feels the stress of preparing for the upcoming performance. "It's hard to play with the orchestra because you have to pay attention to them and not just your own playing. There are also problems of intonation and tempi to consider."

Immel is also excited about playing in the Pantages. She is playing the first movement of the Mozart concerto in D major.

The Chism year was made possible by the Catharine Gould Chism Visiting Professorship Fund, in order to bring to Puget Sound artists and scholars who are not only fine performers but also articulate about the creation, theory, and history of music.

Performing next Friday are the University Symphony Orchestra, the Adelphian Concert Choir, and the University Chorale, each conducted by James Sorenson, Paul Schultz, and Tom Golecke.



The Foreign Language Week Variety Show will feature members of the German Department in Aschenputtel, a tear-jerking rendition of Cinderella that is certain to touch every member of the audience.



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Glance at the arts

In the area

THE ART QUILT EXHIBIT OPENS AT TACOMA ART MUSEUM: March 6 through April 26; Tacoma Art Museum, 10am-4pm Monday through Saturday, and noon-5pm; free.

PANTAGES PRESENTS BIG BAND GALA OF THE STARS: April 18; Pantages Centre; 8pm; \$12-\$20.50 for students, \$5 rush tickets available on the night of the event.

THE UNIVERSITY SYMPHONY, ADELPHIAN CONCERT CHOIR, AND UNIVERSITY CHORALE WILL PERFORM HAYDN'S LORD NELSON MASS: April 24; Pantages Centre; 8pm; call 756-3555 for more information. Margaret Hillis will conduct.

On campus

HEIDI RAUSCHER TILGHMAN WILL INFORM THE CAMPUS ON YOUNG VIENNESE IN OLD VIENNA OR HOW TO SPEND A DAY WITH A CUP OF COFFEE: April 16; 4pm; Library 214; free.

THE CRITICALLY-ACCLAIMED FILM NORDSEE IST MORDSEE WILL BE SHOWN: April 16; 7:30pm; Library 018; free.

THE HONORS SERIES WILL SHOW THE CLASSY FILM LA DOLCE VITA: April 16; 7pm; McIntyre 006; free.

CAMPUS FILMS THE PRESENTS THE FILM YOL: April 17-19; Friday and Saturday 6pm, 8:30pm, and 11pm, and Sunday at 6pm and 8:30pm; McIntyre 006; \$1 with ID.

FOREIGN LANGUAGE WEEK COMES TO AN EXCITING FINISH WITH A VARIETY SHOW THAT WOULD MAKE BARBARA MANDRELL GREEN WITH ENVY: April 17; 7:30pm; Jacobsen Recital Hall; FREE.



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KUPS TOP 12 1/2 for the week ending 4/12/87

Last	This	Artist	Title
2.	1.	Julian Cope	St. Julian
NEW	2.	Heaven 17	Contenders
3.	3.	Killing Joke	Brighter Than A Thousand Suns
1.	4.	Hüsker Dü	Warehouse: Songs and Stories
9.	5.	Siousxie and the Bancees	Through the Looking Glass
NEW	6.	Smiths	Louder Than Bombs
8.	7.	Los Lobos	By the Light of the Moon
5.	8.	Pure Joy	Pure Joy (ep)
12.	9.	Fleshtones	Fleshtones vs. Reality
1/2.	10.	Cocteau Twins	Love's Easy Tears (ep)
NEW	11.	Chris Isaac	Chris Isaac
7.	12.	XTC	Dear God (12")
4.	1/2	U...	The Joshua...



Joe (Jennifer Laybourn) and her father (Mark Lewington) chat in the TLT production of *A Day in the Death of Joe Egg*, which will run through April 25.

TLT lays an Egg with *A Day in Death*

By Cynthia King

A Day in the Death of Joe Egg is about a child who is born severely mentally handicapped and the effects

these handicaps have on her parents. A play so full of automatic pathos might seem easy to act--the subject itself brings immediate emotion and sympathy. However, *A Day in the Death* contains several soliloquies in which the

distraught parents Brian (Mark Lewington) and Shiela (Gwendolyn Overland) successfully engaged the audience's emotions. "Joe Egg's" mother, Shiela, is the caring, accepting, forging-ahead-despite-all-odds mother; Brian is the affection-deprived father, slightly neurotic, who tries to kill Joe in a frantic scene at the end of the play.

Everything in the play was fairly successful--the lines were well rehearsed and the actions fairly unstudied. What really bugged me, though, were the accents. Mark Lewington, being from New Zealand, was the most authentic. The rest, however, had a long way to go. Accents in a British play are just as essential to the play as blocking or the set. In fact an accent to a Brit tells where the person was born, their economic background and even sometimes what school they went to. As in TLT's *Little Foxes*, the actors' accents are all mixed up, sometimes southern, sometimes British, sometimes Tacoma, Washington. The play would have been much more successful had the attempt at accent been dropped entirely.

A Day in the Life of Joe Egg, like most of the rest of the plays this season at TLT, leaves the audience with mixed feelings. This is truly a pity, because in the past the TLT has staged many a season of first-rate plays. For now, however, there is no reason to call your friends and rush to the TLT.

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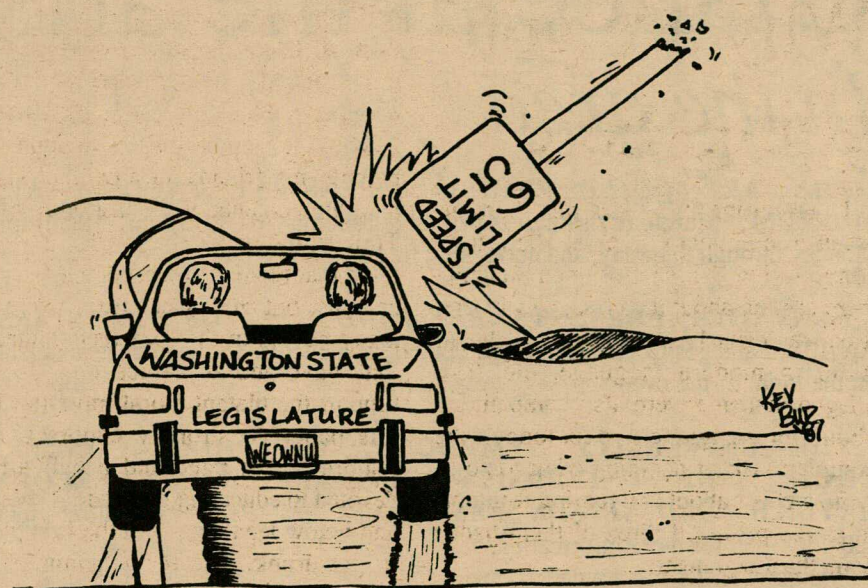
We're sorry, Ken

Staff Editorial

We owe an ASUPS elected official an apology.
Yes, read the line again -- it says an APOLOGY.

In reference to last week's staff editorial, it has come to the attention of the Trail that the present media heads were informed before editorship selections about when the budget hearings would start. It is not clear why that information was never conveyed to the new media heads.

So you can go back to bed, Ken.



Housekeepers merit job dignity

By Amy Stephenson

Rumors fly. The idle gossip. One juicy tidbit reached me: "Did you hear about the housekeeper?" Seems a Plant Department housekeeper of my acquaintance quit her assignment because the people who lived there were rude and messy and treated her meanly, whereas the people who lived there the year before had been friendly to her and much neater.

I'm not going to name the living area or the housekeeper. This campus is small. If you don't already know the people involved, you really won't care who it is. But I think it smacks of a larger issue, that of basic human treatment.

A substantial number of jobs in our society are service positions. Most of us enrolled here have no interest in standard service occupations, such as fast food and custodial work, and are studying toward that end -- a "better" job, one more worthy of our attentions. Having worked in fast food, knowing that's not what I want, I share that goal. But I'm not fooling myself. If I can't get the job I want right away, I will probably have to settle for an interim position, and I may not like it, but bills must be paid. I'm no worse or better than anyone else in the job market.

And that's the crucial distinction. Being a housekeeper does not exclude you from being in the human race, nor does being an academic building janitor or a carpenter or a food service worker. The job of professor is, to the individual, a better one than that of janitor, because the hours are more flexible, the pay is higher, the esteem is greater. But the professor is not by definition a better person than the janitor who cleans the classrooms. Whatever the uniform or the task, people are people. Anyone who feels superior to someone farther down the pay scale isn't better -- just more privileged and probably more isolated.

A job's a job. You can fool yourself, and feel superior; or you can be honest with yourself, and admit that differences in education and priorities don't justify a caste system. Undergraduates here want jobs they'll like more than custodial or service work. That's just competition, not evolution.

Outdoor Programs are worth the funding

Guest Editorial

By Loren Willson, UPS Outdoor Programs

How many of you were seduced, like me, by the cover of the freshman viewbook? You know, the one with the beautiful picture of Mt. Rainier, "the most striking mountain in the 48 contiguous states," gracing the cover. All right, hands up. Just as I thought.

And now what? With the university's exploitation of the environment for recruiting purposes, one would expect a strong campus-based outdoors program, one supported by the administration and given recognition and funding. But, now that you're here, all you can do is stare wistfully at The Mountain. What's worse, you've been tantalized and then rudely abandoned by the Passages program. Of course, the ideals behind Passages -- leadership development, environmental awareness, and a unique learning experience -- are to be applauded and have deservedly won national recognition. But there exist some shortcomings.

As it stands now, the Passages program begins and ends in itself. It is unable to branch out and extend its offerings throughout the school year and to all levels of student. Because of the program's current status, students who are products of the Passages experience have limited options for pursuing their outdoors experience.

see OUTDOORS page 20

WIN NEAT STUFF WITH MATT AND STEVE

Have you ever said, "I could write better than that," or, "Ya know, I think I could do that, too?" Well, here is your chance.

We are having a contest.

You may already be a winner.

Here's the scoop. Write a "Matt and Steve" column. It's not very hard; we do it. Drop it off in our mailbox in the Trail, SUB 011, before Tuesday, April 21. Winners will see their work in print, in front of God and everybody, to read and enjoy. What's more, the lucky party will be treated to a Cellar snack with us.

Don't delay. All this could be yours for minimal creativity.

*All entries and class credit become the property of Matt and Steve.

**Dana Grant and Jim Rivard get some pizza, too, because they're springing.

***This contest is not yet fixed.

Hint: If it looks like you could spur a letter to the editor, do it. We like that sort of thing.

The Trail



April 16, 1987

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Rusty Nelson
Dana Grant

The Trail is published weekly during the academic year by the Associated Students of the University of Puget Sound, 1500 North Warner, Tacoma, WA 98416.

Why are you going here?

I was sitting in a class this morning when I overheard a most disturbing conversation. Three freshman students were griping about the class, how boring it is, why can't 19th century Englishmen write in modern language, etc. The alleged students were also complaining about an assignment due today: the complex task of deciding what topic to write a paper about and turning that topic in to the prof. All three of them hadn't done the assignment.

For these people and others like them I have a question. What the hell are you doing here? If you are not interested in philosophy, why did you take the class? If you don't want to expand your mind, why are you in college? My suggestion to these people is for you to drop-out and go work at a McDonald's. You can work your way up to manager and live comfortably on that salary for the rest of your life, and never be subjected to the horror of utilizing your brain.

David Tomashek

Student faults Trail morals

I am writing to express my concern about the moral position that the Trail has been promoting in the recent weeks. I am appalled at several of the articles

and advertisements that have been printed. I feel that many of them have been highly inappropriate for a newspaper which represents this campus. I would be embarrassed to have my parents, my friends, or any other visitor read the contents of the last issue of the Trail. Judging by that issue, it would seem that there is no decency left on this campus, but that is not true. There are many people in the campus community that have moral values and do not support the blatant moral travesties that this paper so strongly endorses. The feature was a page and a half article devoted to educating the reader -- both of and below legal age -- in the best places to get drunk. The main humor of the April Fool's Joke, the Entrail, seemed to be slamming religious figures and lauding the joys of alcohol, premarital sex, and Satanic experiences. Pornography (Elmo's Bookstore) has been advertised in the past several issues. Perhaps there are some people on this campus that believe in such things and find them entertaining and educational. I am not trying to cram my morality down their throats, but I do feel that my side of these issues should be presented. There are many people on this campus that do not find their enjoyment in getting drunk, having sex, or vacationing with demons. There are people that protest that their ASUPS funds are used to print a newspaper that supports pornography and licentious behavior. So even though the coverage in the Trail might lead one to believe otherwise, do not believe the lie that "Everybody's doing it." There are people on campus that don't. There are alternatives.

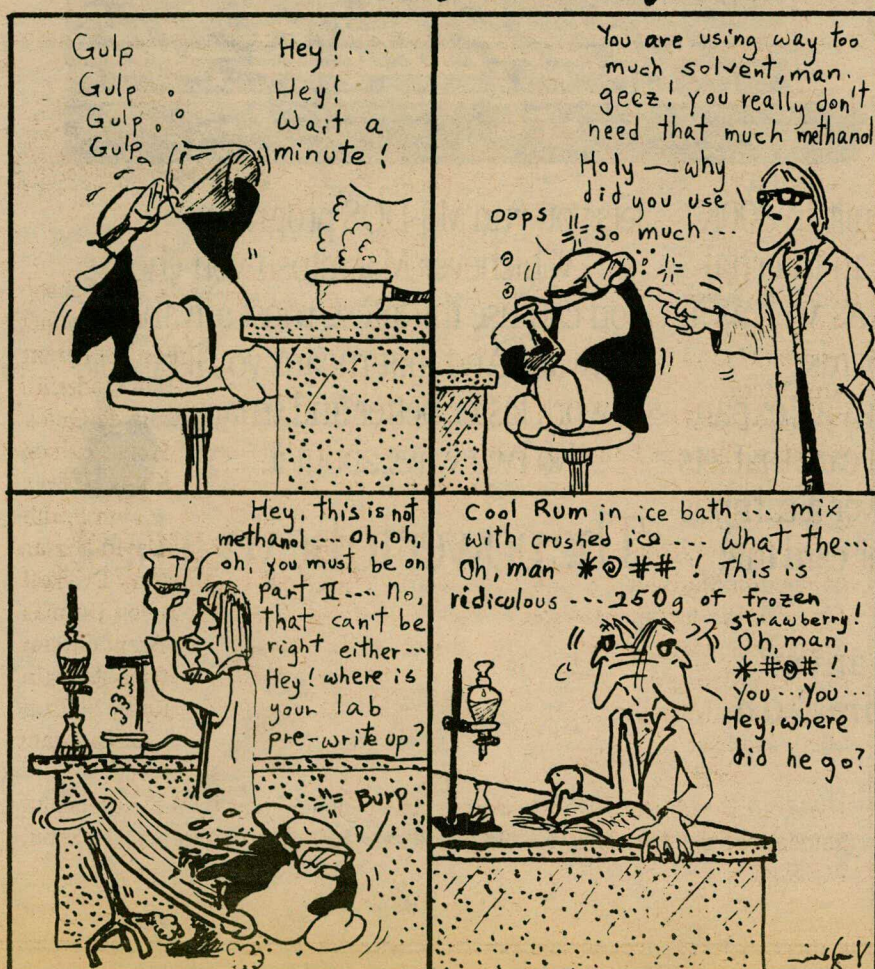
Sincerely,

Susie McIntyre

This letter was co-signed by 26 other people.



Phibbo on Campus



Thanks to all for Pleasures

I would like to thank all those who made Foolish Pleasures possible. Without the help of the Campus Films Committee, certain members of Alpha Psi Omega, the Audio-visual department, Security, the funds of ASUPS, the judges, and all of those who helped make the films themselves, Foolish Pleasures would only be home movies instead of the largest Super 8 film festival on the West Coast and maybe even the world. Even though it rained and the projector decided it didn't want to work so we had to borrow one, the evening went well. Generally, the films were of good quality so the judges had difficulty in deciding the results.

It may be a high flung idea, but bringing the film industry down to a personal level almost makes anything seem possible. Maybe an "education for a lifetime" includes stardom in the next popular block-buster movie, or a chance at self-expression in an unusual medium. Whatever the reason for Foolish Pleasures, it's only through the support of the students that this spring festival is produced at all.

The winners of the 12th annual Foolish Pleasures were -- 1st place: TV Blues; 2nd place: What Happened to Jeffrey?; 3rd place: UPS Now.

We'll be showing the films again on Tuesday, April 21st at 8pm in Mc006, for all those who missed them the first time.

Again, many thanks,

Mary Simpson

Campus Films Chair

just as knowledgeable about theater production as any Trail reviewer by stating that because Mr. Underhill is a literature major he is qualified to review plays. This is absurd! He may be qualified to review a script but there are many other aspects of a production that the Trail's staff has shown no knowledge of whatsoever and that most literature majors (or experts as you so assuredly call yourself) probably don't understand. In fact if you re-examine Mr. Underhill's review you will notice that it does not contain one iota of criticism concerning the text of *Curse of the Starving Class*. The entire review concerns acting and directing, something that many literature majors know next to nothing about.

As for your insults concerning my writing style I ask you this, how can you call me functionally illiterate without providing a single example of my writing to back your claim? I proofread my letter several times and had several people read it before I submitted it and none of them seemed to think it quite the abomination that you do. Let me inform you that unless you back an argument with an illustration, the argument is for naught. I implore you, if you can give me examples of my lack of writing skill, please do so, I am open to legitimate criticism (Incidentally, does my writing style really remind you of your crayon toting days? My, my, you must have been precocious and probably just as obtrusive as you are today).

Finally, oh mysterious imbecile, the decision on my part to let Mr. Underhill see my letter with my name on it was not an easy one. I basically felt that if I was bold enough to criticize a group of people I should not do it in a cowardly fashion, I should state who I am and be prepared to take whatever lumps result from doing so. I wish you had been mature enough to do the same.

Bill Funt

with strong support from the functionally illiterate theater department

P.S. I'd like to add that I found Rich Underhill's rebuttal to my letter highly enjoyable. Keep up the good work Rich!

Funt replies to rebuttal

I have just read the rebuttal to my letter in last week's Trail concerning the quality, or lack thereof, of the Trail's theater reviews. The unidentified writer of this rebuttal made some assessments which I will now address. This letter is specifically for him (or her, or it).

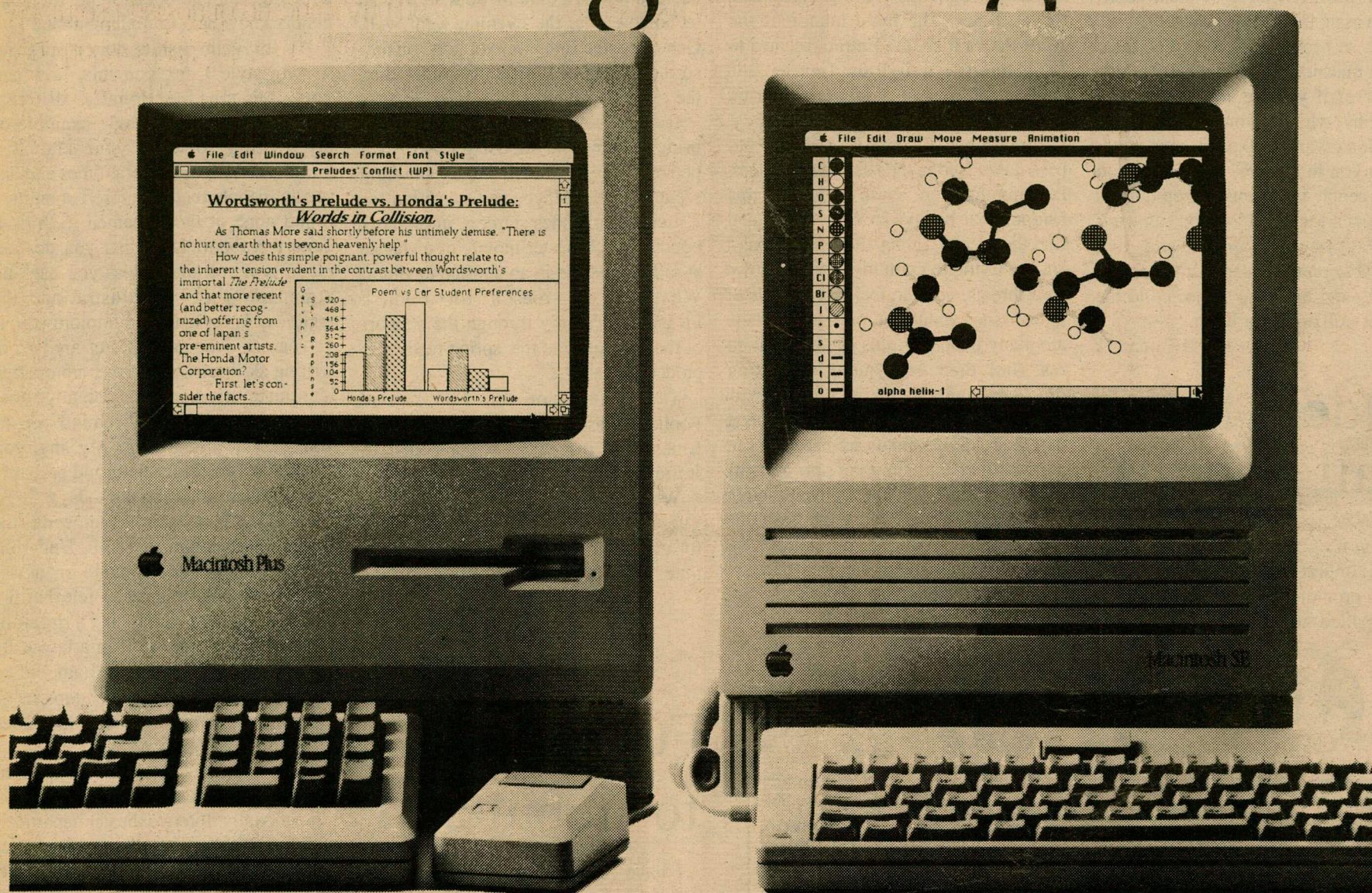
You say that Rich Underhill is a fine writer. I agree with you! If you had read my letter carefully you would know that it is the content of his writing that concerns me. In fact I'm not specifically concerned with Mr. Underhill's reviews. I stated in my letter that his review was somewhat better than the average Trail theater review but since his review was the most recent I used it as my main example.

Secondly, I am well aware that actors do not make good theater critics, thank you. I never implied that they did, someone who is well read in theater history and production is not necessarily an actor. I merely suggested that Trail reviewers should be a bit more learned in these subjects (how blasphemous).

You, however, have proven yourself

Letters to the editor must be submitted to the Trail office by noon Tuesday for Thursday publication. Letters must be no longer than 300 words and should be typewritten, double-spaced. Unsigned letters will not be printed, but names may be withheld by request. The final deadline for letters to the editor for the spring of 1987 will be noon of Tuesday, May 5. Letters will be printed as submitted, with no corrections of authors' errors.

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A motion to re-appoint Financial Vice

"There's a definite problem that you can go to a greek house and there is a

Later she played at Gig Harbor High, where she was a four-year starter. From there, she went to Washington State on a full ride scholarship. She left WSU after one year and went to Green River Community College where she teamed up with UPS teammate Christine

The competition will again be tough. "We'll see some good golfers there," said Swanson. "Of course we'll hope for some good results."



The Solution

Luckily for the opposing teams and unfortunately for Coach Leyse, there is one and only one Wendi Tibbs.



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STD

continued from page 8

Sometimes, if mild, they disappear without treatment. Otherwise they are treated with fungicidal medications. The symptoms of yeast infection are thick white vaginal discharge, mild to severe itching, burning and swelling.

Crabs or pubic lice are also pretty common, if gross. "They are easy to treat. People get a little hysterical sometimes, but there's really no reason for it," she said.

There are ways to avoid contracting a STD. The use of condoms is effective prevention. Staying healthy, keeping clean, and avoiding chemical irritants are good measures to take.

If you notice any of these symptoms, or suspect that you have contracted any of these STDs, don't hesitate to contact Health Services or your personal health care professional. It doesn't hurt to be safe.

Anorexia

continued from page 8

(Nov. '84).

"It's scarier to be a woman these days," says Dr. Esther Anne Grace in the article in *Women's Sports*.

"More exciting to be sure, but also more frightening. Not because we have more opportunities, but because we are still expected to be svelte, beautiful and downright delicate while we're running huge corporations with an iron hand. It's a very schizophrenic kind of existence."

ANOREXIA

The disorder of Anorexia was first noted in 1689 when an English physician reported treating a fasting woman he described as "a skeleton, only clad with skin." (*U.S. News & World Report*, Aug. 30, '82). Much research has gone into the disorder since then.

High targets for Anorexia are ballet dancers, gymnasts, and models, due to their public image, as well as people who are facing a decision or an upheaval in life, such as going off to college.

Anorexics have a poor view of their body size. "More than 95% of women overestimate their body size--on average one-fourth larger than they really are. They overestimate their cheeks the most, followed

Bulimia

continued from page 8

who would be considered by most to be extremely successful.

80% of those surveyed said they wanted to lose weight, although many were average or underweight.

Furthermore, treatments of bulimia and another eating disorder, anorexia nervosa, are "among the most unsatisfactory in clinical medicine."

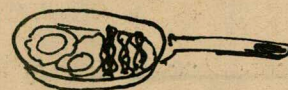
Most bulimics take five years to seek help for their sickness.

When they do get assistance, typical treatment in a clinic might include behavioral, group and family therapy. Support groups also prove to be helpful.



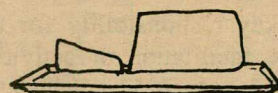
by waist, thighs and hips," according to *Psychology Today* (April '86).

Most anorexics don't choose to cure themselves, rather it is friends or teachers or parents who notice a problem. Often anorexics must be hospitalized in order to increase their body weight and cure malnutrition. Once an anorexic has been counseled into eating again they are more prone to the disorder of Bulimia.



continued from page 8

depending upon the amount eaten and the body's ability to compensate by making less.



What then should one do to keep his blood cholesterol level in a satisfactory range? There is no one answer. Experts disagree as to the best way (or even if it matters). According to the American Heart Association, high blood pressure is a bigger risk for a heart attack. Also, reducing fat and cholesterol in one's diet helps avoid heart attacks.



Some tips include:

Lower saturated fat intake, partially substituting polyunsaturated fat for saturated fat.

Eat fatty fish (salmon, for example), milk, legumes, fiber-rich foods, fruits and vegetables, whole grains, and

Cholesterol

garlic/hot peppers.

Eliminate sugar intake.

These dietary suggestions are by all means not universally accepted by the medical profession.

Conflicting research, non-agreement, and inconclusive studies mar any definite solution to reducing the risks of heart attacks. These suggestions, however, can't hurt.

Iron

continued from page 9

legumes and nuts, and enriched or whole grain bread and cereal products. Cooking in an iron pot or pan can increase iron intake threefold. Some of the pot's iron actually comes off onto the food while cooking and boosts the nutritional value.

Sources of Vitamin C are citrus fruits, cantaloupe, watermelon, strawberries, dark green vegetables, cabbage, potatoes, and radishes. Artificial sources such as vitamin pills, are also pure sources of Vitamin C and iron.

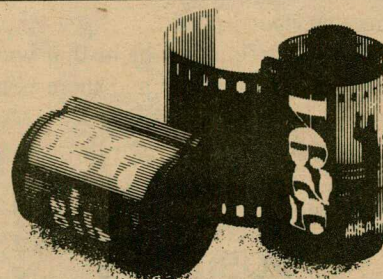
If some of these foods are incorporated into the diet, a student can probably avoid iron-deficiency anemia. The symptoms include fatigue, headaches, pallor, shortness of breath, dizziness, brittle fingernails, vulnerability to colds, and loss of appetite.

Excuse me...

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Sleep

continued from page 9

Some people require more sleep than others, especially those experiencing illness, bereavement, weight gain, pregnancy, and premenstruation. Some can survive comfortably on 3 or 4 hours a night.

"The mean sleep length for an adult is seven point six hours during a twenty-four hour cycle," said Dr. Roger Broughton in the *Science Digest* article. That means if you've got an eight o'clock class, no Letterman for you.

People lose sleep because of the familiar reasons, socializing, homework, stupidity, but also for more

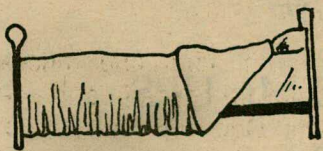
serious reasons, such as insomnia. Insomnia is, however, a symptom of a physical or psychological disorder that can be treated.

If you have trouble falling asleep at night don't try sleeping pills or medications. Sleeping pills can affect short-term memory and may make it more difficult to awaken to alarms, according to Cheryl Spinweber in an article in *Women's Sports* (April, 1984). Actually, a glass of warm milk would be a safer alternative.

Other tips for improving sleep:

Choose a restful environment- dark, quiet, with sufficient fresh air and a comfortable temperature.

Try to keep a regular schedule- go to sleep and get up at the same times each night.



Watch what you eat and drink- avoid coffee, tea, and other caffeinated beverages late in the day. Don't eat a lot or drink excessive amounts of alcohol before bedtime. If snacking, avoid protein.

Exercise regularly- especially in the afternoon. Be careful of strenuous exercise late in the evening, as it can arouse you too much to fall asleep.

PMS

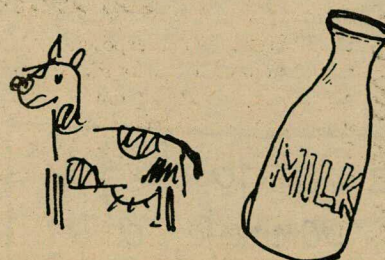
continued from page 9

their symptoms are synchronized with their cycles, chalking them up to overwork or fatigue. To determine if PMS symptoms do in fact coincide with the menstrual cycle, a woman with doubts should keep a calendar noting what days certain symptoms occur and when her period begins. Symptoms which occur during or just after menstruation indicate dysmenorrhea (painful menstruation), a different condition from PMS, or other disorders.



Once you think you may have PMS, what steps should you take? Many symptoms can be alleviated through simple changes in habits and diet, according to an article in

Women's Sports. Avoiding salt, refined sugars, and xanthines (chemicals found in coffee, tea, and chocolates) is recommended to relieve symptoms. Health experts also advise increasing your intake of magnesium and B-complex vitamins. Excess calcium interferes with your body's absorption of magnesium, as do excess protein, Vitamin D, fat, and alcohol. If your conditions persist and you suspect you need medical treatment, bring your calendar with symptoms to a medical professional.



Calcium

continued from page 8

The lack of sex hormones is not the only possible cause of osteoporosis. Insufficient amounts of calcium can lead to osteoporosis. But, calcium is involved in more than just bone formation. It is also involved in muscle contraction, blood coagulation, hormone secretion and sending nerve impulses.

If the calcium level in the blood is too low to carry on the above functions the body reabsorbs bone to provide the needed calcium. If calcium is not added to the diet to make up for the deficiency, the draining of calcium continues, the bones break down and osteoporosis sets in.

Another possible cause is the deficiency of vitamin D. This vitamin helps in the absorption of calcium into the body. If someone lacks the vitamin D to absorb the needed calcium the same deficiency will occur within the body. But simply increasing vitamin D intake causes problems; over a long period of time there is a risk of toxicity.

How can one avoid osteoporosis?

To maintain an adequate amount of calcium in the body one should take in 1000-1500 mg of calcium per day. This can be gained through dairy products, fish with bones, tofu, and dark green vegetables.

Exercise can help prevent osteoporosis as well. Exercise that will put weight on one's bones can cause the build up of excess bone reserves. This added bone will help replace the bone that reabsorbs as you grow older.

Some recommended activities are walking, jogging, raquetball, and tennis or else other activities that cause weight to be placed on your spine and leg bones. It is recommended to exercise at least 30 minutes a day, three days a week.

While swimming is a good exercise it does not help in the prevention of osteoporosis due to the fact that there is no weight stress on the bones.

Osteoporosis also tends to run in the family. Women who smoke, drink alcohol excessively or take in too much caffeine are also more prone to develop the disease.

If you are interested in doing some reading of your own on the subject of osteoporosis here are a few articles you may find interesting: "Calcium and Healthy Bones," *The Physician and Sportsmedicine*, September 1985; and "How Exercise Helps Prevent Osteoporosis," *The Active Woman*, April 1986.

6.75

LARGE ONE ITEM 2A

W/ 3 LARGE COKES

COUPON GOOD ONLY AT THE CELLAR THRU 4/23/87

THE CELLAR

SMALL ONE ITEM 2A

W/ 2 LARGE COKES

COUPON GOOD ONLY AT THE CELLAR THRU 4/23/87

THE CELLAR

4.50

Outdoors continued from page 14

First year students, particularly, who possibly lack transportation or adequate knowledge, are left in a rut. Which is probably just the way the administration wants it, so it can avoid the messy insurance issues. But this approach is completely ironic.

By hedging on extending Passages or significantly supporting the Outdoors Program, the university ends up with students going out on their own without signing any kind of waiver and possibly lacking the kind of education and leadership that could prevent incidents such as the Mt. Hood disaster. This would seem to be adequate justification for a review of the administration's policy toward UPS Outdoor Programs, an organization that could pick up where Passages leaves off by propagating the Passages ideals and extending these opportunities to the campus community. UPS Outdoor Programs, based in the Out Haus at 3208 N. 14th St., x4038 (the group has not been provided with a key or phone for its SUB office) and operated in cooperation with the Counseling Department, provides a support base for all manners of day trips or extended outings, in this recreational cornucopia of the Northwest.

Ideally, the program serves as a hub for the campus community to bounce ideas off of, plan trips with and to generally have a good time with. But because of the program's novelty it has not reached this ideal point, as students and faculty have not fully capitalized on it, probably due to the fact that they are unaware there is such a thing as UPS Outdoor Programs.

Another obstacle blocking the success of the program and contributing to its lack of publicity is the short-sighted, red-tape bound funding process that has rendered the program financially incapable of realizing its potential. The 1986-87 budget requested \$1925 for what would have been an exciting year filled with trips, lectures, films and clinics. But ASUPS's slashing of that figure to \$655 impaired this year's plans. Absolutely no money was allotted for maps, books, or other reference materials vital for education and responsible, safe outdoor activities. Nor was any money allotted for the rental of group equipment or for lecture or film publicity. And to attract lecturers, the juicy sum of \$200 was granted. Could the Lectures Committee operate on that?

As a result, UPS Outdoor Programs has little to show for itself except several very successful skiing, backpacking, snowcaving, camping and hiking trips. So, for those of you out there who like to do more than just look at The Mountain, look into the UPS Outdoor Programs and see just how much fun the "wild life" can be.

GET SET FOR SPRING WEEKEND 1987...

"Experience the Madness"

Friday, May 1--

- 3pm-5:30 Volleyball competition
Warner Street Gym
- 8pm-9:30 Lip-sync and Mr. UPS
preliminaries
Great Hall, SUB
- 9:45pm Surprise movie
A/L Quad

Saturday, May 2--

- 12 noon Chariot Race
Jones Circle
- 1pm-4pm Field Events
Todd Field
- 9pm-1am Dance
The Dock
- 9pm-10:30 -- "The Regular Guys"
- 10:30-11pm -- Mr. UPS finals
*Trip giveaways, concert ticket
giveaways,
and more door prizes*
- 11pm-1am Elektra recording artist
"The Unforgiven"

*Sign-ups for teams from 4/15 to 4/27
Student Programs Office, Upstairs SUB
Tickets for Saturday night -- \$3 -- on
sale 4/21
T-Shirts at Info Booth \$5, starting 4/27*

